

Michelle Bernard has a splendid and rare gift for putting in plain words how to best care for cats. Although her work is based on years of meticulous research and hands-on experience, she translates her startlingly detailed knowledge into simple, common sense guidelines that anyone can understand and use. Steering clear of faddish, dangerous trends—and dissecting the oodles of misinformation that has sadly become the norm in advice on animal nutrition—she shines most conspicuously on the issue of a proper feline diet. By giving the reader a common-sense, straightforward strategy for preparing a diet that is based solely on the nutritional requirements of obligate carnivores, her book is a must-have for anyone committed to building and maintaining glowing good health for cats. If you love your cat, get this book.

Anne Jablonski
November 2002

Michelle is a feline raw diet guru! She is so knowledgeable in this area it is unbelievable! This book has change mine and my cats' life, as I am raising healthier kittens because of it. I would of never known how or where to begin without Michelle's knowledge, which she has eloquently detailed in her book!

Linda Wright
Aloeway American Bobtails
<http://www.americanbobtail.com>

I've fed my cats raw food for over 2 years. I always thought they were very healthy. Then I learned of Michelle's diet and tried it. I was very impressed with the results I saw. My 5 year old neutered male DLH stopped his recurrent vomiting and now has a lot more energy. He acts like a kitten again, running and playing with our 1 year old cat. We've never seen him this active and happy. The only change in his life has been his diet. Previously I was feeding the cats vegetables, alfalfa, Vitamin C and flax seed oil. All of which I discovered were bad for them. By eliminating those items and replacing them with the supplements Michelle recommends I have seen wonderful improvements in my already "healthy, raw-fed" cats. I have recommended this diet to my friends and will continue to do so.

Sheryl ~Daybreak Australian Shepherds
<http://home.g2a.net/~daybreak/>